

Get in great shape AND have fun at



Thursdays at 6:00pm (July/Aug)

In Sept, back to Tues/Thurs!



r'Place Fitness and Community Center
662 Glider Lane, Belgrade

This 60 minute class incorporates motivating music with body movements from Salsa, Merengue, Reggaeton and other Latin dances, plus toning exercises for abs, upper and lower body. Zumba is easy to learn, great exercise and really fun!!

No dance experience required!

Class fees

Drop in \$8, 5x pass for \$30, 10x pass \$50

First class free - come and try it out!

Call Shirley @ 570-9046 for more info!